

CDL Medical Certification

The Federal Motor Carriers Safety Regulations require all CDL holders to self-certify as to what type driving he/she performs or expects to perform.

Name (Last Name, First Name Middle Initial)	License Number:

Please Check the Appropriate Box (you must check one). If you select Non-Excepted Interstate or Non-Excepted Intrastate, you must provide a current medical certificate. See instructions on reverse for more information.

<input type="checkbox"/>	Non-Excepted Interstate (NI) (Current medical certificate required.)	I certify that I operate or expect to operate in interstate commerce, and I am both subject to and meet the qualification requirements under 49 CFR part 391, and I am required to obtain a medical examiner's certificate by 49 CFR §391.45.
<input type="checkbox"/>	Non-Excepted Intrastate (NA) (Current medical certificate required.)	I certify that I operate only in intrastate commerce and therefore I am subject to and meet the State's driver medical qualification requirements.
<input type="checkbox"/>	Excepted Interstate (EI) (Medical certificate NOT required.)	I certify that I operate or expect to operate in interstate commerce, but engage exclusively in transportation or operations excepted under 49 CFR §§390.3(f), 391.2, 391.68 or 398.3 from all or parts of the qualification requirements of 49 CFR part 391, and I am therefore not required to obtain a medical examiner's certificate by 49 CFR §391.45.
<input type="checkbox"/>	Excepted Intrastate (EA) (Medical certificate NOT required.)	I certify that I operate in intrastate commerce, but engage exclusively in transportation or operations excepted from all or parts of the State's driver medical qualification.

Failure to comply within 30 days may result in the suspension of your operating privilege

Signature of Applicant **Date**

Phone Number Email Address

You may submit a signed and dated medical card by:

Fax 802.828.5548
 Email DMV.MedCert@vermont.gov
 Mail Vermont Department of Motor Vehicles
 Commercial Driver License Unit
 120 State St
 Montpelier, VT 05603-0001

To read more about the new Requirement visit <http://1.usa.gov/NewCDLRules> or <http://dmv.vermont.gov/licenses/commercial>

For the purpose of complying with the new requirements for self-certification, it is important to know how you are using the commercial motor vehicle. To help you accurately determine this, you must determine how you are using the commercial motor vehicle (CMV).

1. Do you, or will you, use a CDL to operate a CMV in **interstate** or **intrastate commerce**?

Interstate commerce is when you drive a CMV:

- From one state to another state or a foreign country;
- Between two places within a state, but during part of the trip, the CMV crosses into another state or foreign country; or
- Between two places within a state, but the cargo is part of a trip that began or will end in another state or foreign country.
- You must be 21 years of age or older

Intrastate commerce is when you drive a CMV within a state and you do not meet any of the descriptions above for **interstate commerce**.

If you operate in both **intrastate commerce** and **interstate commerce**, you must choose **interstate commerce**.

Once you decide you operate or will operate in **interstate commerce** or **intrastate commerce**, you must decide whether you operate (or expect to operate) in an excepted or non-excepted status. This decision will tell you to which of the four types of commerce you must self-certify.

INTERSTATE COMMERCE:

You operate in **excepted interstate commerce** when you drive a CMV in interstate commerce **only** for the following exempted activities:

- As federal, state or local government employees
- The transportation of human corpses or sick or injured persons
- The operation of fire truck or rescue vehicles while involved in emergency and related operations
- Primarily in the transportation of propane winter heating fuel when responding to an emergency condition requiring immediate response such as damage to a propane gas system after a storm or flooding;
- In response to a pipeline emergency such as a leak or rupture
- In custom harvesting on a farm or to transportation of farm machinery and supplies used in the custom harvesting operation to and from a farm or within 150 miles of the farm (does not apply to the transport of hazardous materials requiring a placard or to combination vehicles)
- Beekeeper in the seasonal transportation of bees
- As a private motor carrier of passengers for non-business purposes
- To transport migrant workers

If you answered yes to one or more of the above activities as the **only** operation in which you drive, you operate in **excepted interstate commerce** and do not need a federal medical examiner's certificate.

If you answered no to all of the above activities, you operate in **non-excepted interstate commerce** and are required to provide a current medical examiner's certificate (49 CFR 391.45), commonly referred to as a medical certificate or DOT card. Most CDL holders who drive in interstate commerce are non-except interstate commerce drivers.

If you operate in both excepted and non- excepted interstate commerce, you must select **non-excepted interstate commerce** to be qualified to operate in both types of interstate commerce.

INTRASTATE COMMERCE:

You operate in **excepted intrastate commerce** when you drive a CMV only in intrastate commerce activities for which Vermont statutes do not require you to meet medical certification requirements.

Most CDL drivers operating in Vermont operate in **non-excepted intrastate commerce** and are required to obtain a medical certificate. This includes:

- Drivers of vehicles over 26, 000 pounds gross vehicle weight
- Drivers of vehicles that carry hazardous materials that require a placard
- Drivers of vehicle designed to transport 16 or more persons including the driver

A Word about Waivers

If your medical examiner's certificate is only valid with a vision, diabetes or a skills performance evaluation waiver granted by the Federal Motor Carrier Safety Association (FMCSA), you must also provide a copy of your waiver.